

THE FORTISIAN

HAPPENINGS IN THE WORLD OF FORTIS



Fortis Hospital, Bengaluru



Fortis Escorts Heart Institute, New Delhi



Fortis Hospital, Shalimar Bagh, New Delhi



Fortis Hospital, La Femme, G K II



Fortis Memorial Research Institute, Gurugram



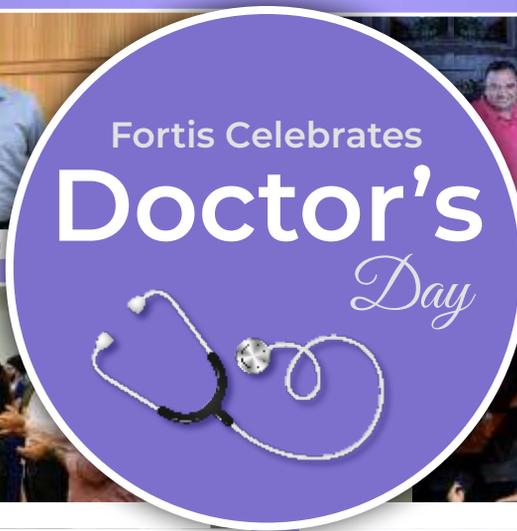
Fortis Hospital, Ludhiana



Fortis, Kolkata



Corporate Office, Gurugram



Fortis Hospital, Vasant Kunj, New Delhi



Fortis Hospital, Jaipur



Fortis Hospital, Hiranandani, Vashi



Fortis Hospital, Mulund



Fortis Escorts Hospital, Faridabad



Fortis Hospital, Kalyan



Fortis Hospital, SL Raheja, Mahim



Fortis Hospital, Mohali



Fortis Hospital, Noida



MD & CEO's Message

Dear Colleagues,

We had a wonderful Doctor's Day celebration at units across our network and I would like to begin by congratulating and thanking all our doctors for their enormous contribution in making Fortis a preferred healthcare destination for patients.

As you may be aware, we have announced a couple of major changes recently. As part of our avowed brand transformation journey, the flagship entity of our diagnostic chain w.e.f May 31, 2023 is named 'Agilus Diagnostics Limited'. Agilus is a portmanteau of 'Agile' and 'Us' and is inspired from the Latin term 'agilis,' which means 'agility'. The new brand name reflects our commitment to deliver exceptional diagnostic services with speed and accuracy. Further, in June 2023, we have signed definitive agreements for the sale of our hospital business at Vadapalani, Chennai to Sri Kauvery Medical Care (India) Limited.

We are progressing well on our planned expansion strategy and as you may be aware, we have recently announced the signing of definitive agreements for the acquisition of the 350-bedded Medeor Hospital in Manesar, Gurugram.

We have had an incredible journey so far and I thank all of you for your hard work. Do take care and stay safe.

Thank you for all your support.

Best,

Dr A. Raghuvanshi

MD & CEO

New Beginnings & Launches

Fortis Cancer Institute launched at Fortis Escorts, Faridabad



(L-R): Mr Yogendra Nath Awadhiya, Facility Director, Dr Shubham Vatsya, Consultant - Gastroenterology, Dr (Prof) Sanjay Kumar, Director- Cardiology, Mr Anil Vinayak, Group COO, Dr Ravi Shekhar Jha, Director & Head - Pulmonology, Mr Mohit Singh, Head - SBU, along with Dr Niti Kaushik, Director & Head - Obstetrics & Gynecology and Ranoo Mann Arora, Medical Superintendent



A glimpse of the facility

On June 6, 2023, Fortis Escorts Hospital, Faridabad, held a ceremony to mark the launch of Fortis Cancer Institute. Ribbon cutting was done by Mr Anil Vinayak, Group COO, in the presence of Mr Mohit Singh, Head - SBU, Mr Yogendra Nath Awadhiya, Facility Director and Dr Mohit Sharma, Senior Consultant & HOD- Oncology, along with other senior clinicians. The institute is a 7-bedded daycare centre offering specialised Oncology services to cancer patients.

Fortis signs MOU with Roche to make Fortis Cancer Institute a 'Centre for Precision Medicine'



In an endeavor to make Fortis Cancer Institute a Center of Excellence for Precision Medicine, Fortis Hospitals has entered into partnership with Roche Products (India) Pvt. Ltd. The Memorandum of Understanding (MoU) was signed by Dr Ashutosh Raghuvanshi, MD & CEO, Fortis Healthcare, and Mr Vinay Subramanian, COO-Cluster, Roche, on June 20, 2023, at Gurugram. The MoU outlines the collaboration between Roche and Fortis with the purpose of co-creating healthcare ecosystem space with focus on personalized healthcare (PHC) and Oncology, wherein Roche and Fortis will bring their respective organisational expertise as technical and strategy partners, to projects aimed at maximising benefit to cancer patients.

The scope of the collaboration includes:

- Periodic Virtual Tumour Boards (VTBs).
- Preceptorship Program- Advanced Intensive Cancer Care Program, wherein certain HCPs of Fortis would attend the advanced certification programs with global/local institutes.
- Precision Medicine Observership at a Global COE for Precision Medicine.
- Molecular Biologist & MTB support alongwith Adoption of an MGTO based approach as standard protocol in the proposed Fortis CoE for precision medicine.
- Becoming CoE for Precision medicine, engage in research and publications with the data towards promoting an MGTO based approach.
- And Adoption of an MGTO based approach as standard protocol in the proposed Fortis CoE for precision medicine.

Fortis to help Kenya hospital strengthen its Bone Marrow Transplant program, treat sickle cell patients



Fortis Healthcare has entered into a collaboration with Jaramogi Oginga Odinga Teaching and Referral Hospital, Kisumu County, Kenya, to strengthen the Bone Marrow Transplant (BMT) program and treat sickle cell patients from Kisumu County, Kenya. An MoU signing ceremony was conducted in this regard on June 10, 2023, at Fortis Memorial Research Institute, Gurugram. Dr Ritu Garg, Chief Growth & Innovation Officer, signed the MoU on behalf of Fortis Healthcare.

Navi Mumbai's first Diabetic Foot Clinic launched at Fortis Hiranandani Hospital Vashi



(R-L): Shri Sanjay Vilasrao Mohite (IPS), Joint Commissioner of Police, Navi Mumbai, Dr Arun Bal, Diabetic Foot Surgeon and Mr Nitin Kamaria, Facility Director, Fortis Hiranandani Hospital Vashi at the inauguration of Diabetic Foot Clinic



(L-R): Fortis Hiranandani Hospital Vashi's Dr Roji Philip, Shri Sanjay Vilasrao Mohite (IPS), Joint Commissioner of Police, Navi Mumbai, Dr Arun Bal, Diabetic Foot Surgeon and Dr S Narayani, Business Head-Fortis Hospitals Maharashtra at the inauguration ceremony

Hiranandani Hospital Vashi-A Fortis Network Hospital, on May 5, 2023, launched Navi Mumbai's first 'Diabetic Foot Clinic'. The clinic was inaugurated by Shri Sanjay Vilasrao Mohite (IPS), Joint Commissioner of Police, Navi Mumbai and Dr Arun Bal, Diabetic Foot Surgeon. The centre is headed by Hiranandani Hospital Vashi's Dr Farah Ingale, Director-Internal Medicine and her team includes Dr Roji Philip, Consultant-General & Laparoscopic Surgery, Dr Atul Ingale, Senior Consultant-Nephrologist & Transplant Physician, Dr Anil Potdar, Director & Head-Cardiology and Dr Pavan Ojha, Senior Consultant-Neurology.

Diabetic patients suffer from various problems including Diabetic Foot. These patients often experience reduced blood supply to their feet, which can significantly affect their lifestyle, causing difficulty in walking, and, in severe cases, the foot may have to be amputated. This clinic aims to address this issue in a timely manner and provide the much-needed surgical and medical intervention. The clinic will offer various facilities that include screening, pathology, wound care, surgical care, and interventional procedures. Talking about the clinic launch Mr Nitin Kamaria, Facility Director, Hiranandani Hospital, Vashi - A Fortis Network Hospital, said, "The magnitude of Diabetic Foot problems is high; launching this clinic is a progressive step towards addressing this issue, helping reduce mortality rates, build awareness and drive home the importance of timely health checks, which will aid in prevention. This clinic is our effort at providing comprehensive treatment for diabetic patients under one roof."

Endobronchial Ultrasound introduced at Fortis Escorts, Okhla Road, New Delhi



Fortis Escorts, Okhla Road, New Delhi, has introduced Endobronchial Ultrasound (EBUS), an advanced procedure to diagnose lung disorders and cancer. The first procedure was conducted on May 2, 2023. The equipment enables doctors to look at the lymph nodes located adjacent to the airways using a flexible tube. The procedure helps detect the size of the tumour, lymph nodes affected by cancer and its spread to other body parts. The procedure is safe and minimally

invasive. The benefits include higher accuracy, no incision, no blood loss, accurate images, real-time diagnostic tool and day care procedure.

38-bedded new floor - 'SYMPHONY' - inaugurated at Fortis Hospital, Mulund



(C) Rashtrasant Param Gurudev Shree Namramuni Maharaj Saheb with Dr S. Narayani at the launch of the SYMPHONY floor

Fortis Hospital, Mulund, on April 5, 2023, launched its new floor – SYMPHONY. This 38-bedded floor was inaugurated by his holiness, leader of Parasdham, Rashtrasant Param Gurudev Shree Namramuni Maharaj Saheb, in the presence of senior consultants, nursing teams, administrative teams and members of the community. The state-of-the-art floor is built with a significant focus on offering holistic healing through enriching clinical care and biophilic design (constructing buildings with focus on connecting with natural environment). The floor is designed to have a nurturing and therapeutic effect to reduce hospitalisation-related stress experienced by patients and their families. The new speciality floor boasts of modern features and bright rooms with a view, giving the patients a mental and physical boost.

At the inauguration, Dr S. Narayani, Business Head - Fortis Hospitals, Maharashtra, said, "The impact of modern features coupled with biophilic design on patient care and outcomes has been studied rigorously. It not only speeds up patient healing, but also helps their family members and the hospital staff effectively deal with the stress of providing care." The event was conceptualised by Ms Rinku Mavani, Business Partner-Sales, Fortis Hospitals Mumbai, and executed by her team.

Fortis Hospital, Mulund, launches mother and childcare floor, 'The NEST'



(Centre L-R) Dr S. Narayani, Business Head - Fortis Hospitals, Maharashtra, Ms Mandira Bedi, with Fortis Healthcare's Mr Anil Vinayak, Group COO & Dr Ashutosh Raghuvanshi, MD & CEO at the launch of NEST at Fortis Hospital Mulund



(Centre) Dr S. Narayani, Business Head - Fortis Hospitals, Maharashtra, and Ms Mandira Bedi with the clinicians who joined in the NEST floor unveiling celebrations

Fortis Hospital Mulund on May 20, 2023, launched 'The 'NEST,' a new floor especially designed for mothers-to-be and newborns. The super speciality floor was inaugurated by Dr Ashutosh Raghuvanshi, MD & CEO, Fortis Healthcare, Mr Anil Vinayak, Group COO, Fortis Healthcare, Dr S. Narayani, Business Head - Fortis Hospitals, Maharashtra, along with mom, author and fitness enthusiast, Ms Mandira Bedi. This specially designed birthing environment addresses all aspects of birthing, including health screenings, top-of-the-line labour suites, pre and postpartum care, management of high-risk pregnancies, extreme pre-term deliveries, neonatal and paediatric care set-ups.

Fortis Memorial, Gurugram, launches Vaccishield campaign to create awareness on safeguarding health



On World Immunization Week (April 24-30, 2023), Fortis Memorial Research Institute, Gurugram, organised a vaccination programme, 'Vaccination can be your best shot', where Vaccishield campaign was launched to create awareness about adult vaccination. The guests of honour at the event were Mr Krishan Kumar, IAS, Director-Women and Child Development, Government of Delhi and Registrar of Societies, Delhi and Dr Ritu Garg, Chief Growth and Innovation Officer, Fortis Healthcare. The event was organised by Dr Rahul Bhargava, Principal Director & Chief, Haematology, Haemato-Oncology & BMT and Dr Neha Rastogi Panda, Consultant-Infectious Diseases, Fortis Memorial Research Institute.

The program was also graced by Dr Pawan Malhotra, Group Leader and Arturo Falaschi Emeritus Scientist (AFES), Malaria Group, ICGB, New Delhi, Dr Krishnamohan Atmakumari, Associate Professor, Translational Health Science and Technology Institute, NCR Biotech Science Cluster and Dr Rajat Goyal, Founder & Country Head India, International AIDS Vaccine Initiative. Dr Ankur Bahl, Senior Director, Medical Oncology, Fortis Healthcare, Dr Salil Jain, Director-Nephrology & Kidney Transplant, Fortis Hospital Gurugram and many other doctors from the hospital were also part of the program.

Clinical Excellence

World's first reported case of Rhodotorula infection along with CMV Meningitis in a 2-month-old treated at Fortis Noida



(L-R): Dr Shanu Sharma, Medical Superintendent, Fortis Hospital, Noida, Dr Chhavi Gupta, Consultant-Infectious Disease, Dr Ashutosh Sinha, Director & Head - Paediatrics, the patient along with his mother, Dr Shubham Garg, Senior Consultant - Surgical Oncology, and Mr Mohit Singh, Head - SBU

The world's first reported case of Rhodotorula infection (a type of pigmented yeast) coupled with Cytomegalovirus (CMV) meningitis (infection and inflammation of the brain's lining) in a two-month-old infant was successfully treated by a team of doctors at Fortis Noida, led by Dr Ashutosh Sinha, Director & Head - Paediatrics, Dr Chhavi Gupta, Consultant - Infectious Diseases and Dr Shubham Garg, Senior Consultant - Surgical Oncology. This is second reported case of CMV meningitis diagnosed via Biofire test in the world as per available medical records and treating it was a challenge due to its rarity.

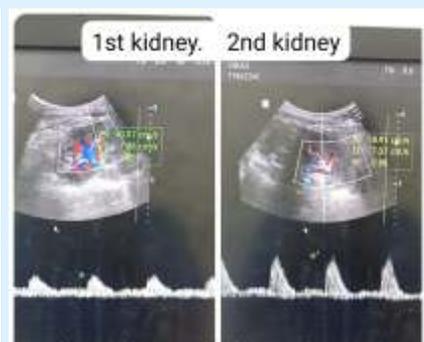
The patient was admitted in January 2023 with fever, increased irritability and two episodes of abnormal movements, including up-rolling of eyes and bulge on the top of the head. Tests, including MRI and CSF (cerebrospinal fluid) study, confirmed meningitis. While the baby responded to antibiotics and showed satisfactory feeding and activity, his high-grade fever did not subside. A Biofire test finally revealed the CMV infection. However, when six weeks of treatment did not lead to any improvement, a CSF fungal culture was done, which revealed the presence of Rhodotorula. After almost two months of treatment, the patient was finally discharged in a healthy condition on March 21, 2023.

World's first reported case of Robotic En-bloc Kidney Transplant performed at Fortis Bannerghatta Road, Bengaluru

13-month-old deceased donor gives 30-year-old recipient a new lease of life



(L-R) Dr Basavaraj, Dr Sreeharsha, Dr Mohan K



Team Urology & Nephrology at Fortis Hospital Bannerghatta Road successfully conducted the world's first reported case of Robotic En-Bloc Kidney Transplant from a 13-month-old deceased donor weighing 7.3 kg to a 30-year-old recipient weighing 50 kg on May 8, 2023. En-Bloc kidney transplantation involves transplantation of both the kidneys from the same paediatric donor, along with the vena cava and aorta, into a single recipient. While the infant kidneys start off very small, they grow along with the individual (recipient), thereby providing the recipient with two healthy adult kidneys, whose function improves over time. The team performed both, retrieval and transplant, in parallel OTs almost simulating living related kidney transplant. The entire procedure lasted four hours. The patient was discharged after a week with normal creatinine.

The team of doctors involved in this transplant were Dr Sreeharsha Harinatha, Additional Director – Urology, Uro-Oncology, Uro-Gynaecology, Andrology, Transplant and Robotic Surgery, Dr Basavaraj Neelagar, Senior Consultant – Urology, Uro-Oncology, Andrology, Transplant and Robotic Surgery, under the guidance of Dr Mohan Keshavamurthy, Senior Director – Urology, Uro-Oncology, Uro-Gynaecology, Andrology, Transplant and Robotic Surgery, Fortis Hospitals Bengaluru & Chairman - Renal Sciences Specialty Council, Fortis Hospitals, India along with support provided by Dr Aashish Parekh, Consultant – Nephrology, Dr Murali Chakravarthy, Senior Director - Department of Anesthesia & Director - Clinical Affairs, and Dr Geetha Muniraju, Consultant – Anesthesia.

Fortis Escorts Hospital, Faridabad, does its first ABO Incompatible Kidney Transplant



(L-R): Dr Harsimran Kaur Dhingra, Dr Ramneek Suri, Dr Tejendra Singh Chauhan, Dr Devender Goyal, KTU Incharge Mr Manoj with the patient (sitting)

Fortis Escorts Hospital, Faridabad successfully performed its first ABO incompatible renal transplant on a male patient. Despite his blood group being A+ and his wife's blood group being B+, the hospital's transplant team used ABO desensitization techniques to reduce the risk of rejection. This involved multiple plasmapheresis sessions and specialized drugs. The team also overcame the challenge of gaining vascular access due to the patient's blocked veins.

After the transplant, the patient was closely monitored in the hospital's Kidney Transplant Unit, and the team effectively managed his fluid replacement requirements. The patient was discharged on May 24. The achievement of the hospital's nursing staff, surgeons, and doctors in managing such a complex case was noteworthy, and both the donor and recipient expressed their gratitude. Fortis Escorts Hospital, Faridabad remains dedicated to providing excellent patient care and views the cure of renal failure through transplantation as its own reward.

Fortis Bannerghatta Road, Bengaluru, is among few centres in India permitted to administer Xiaflex, the only FDA approved drug to treat Peyronie's Disease



Fortis Hospital, Bannerghatta Road, Bengaluru, successfully administered Xiaflex injection on a 47-year-old patient suffering from Peyronie's Disease on May 9, 2023. A multi-disciplinary team of doctors from Urology, Internal Medicine, Cardiology and Endocrinology departments led by Dr Mohan Keshavamurthy, Senior Director – Urology, Uro-Oncology, Uro-Gynaecology, Andrology, Transplant and Robotic Surgery, Fortis Hospitals Bengaluru & Chairman - Renal Sciences Speciality Council, successfully carried out the procedure. Fortis BG Road is one of the few centres in India approved for this procedure.

Peyronie's Disease is a condition where plaques (fibrous scar tissue) develop under the skin of penis. These plaques cause penis to curve and especially painful when erect. Conventionally surgery is performed to correct the curvature of the penis. Xiaflex (collagenase-clostridium-histolyticum), is the only FDA approved drug which can be used instead of surgery for treatment of Peyronie's Disease. Xiaflex administration, under ultrasound guidance, is a complex technique performed in niche locations across the globe for correction of significant penile chordee secondary to Peyronie's disease. The injection is followed by penile modelling once the curvature issue is resolved. However, penile fracture with urgent reconstruction of penis is necessary in 15% of the cases.

75-year-old critically ill patient undergoes TAVR at Fortis Hospital, Noida



(L-R) Dr Sanjeev Gera – Director & HOD, Cardiology with the patient

A 75-year-old male from Haryana, who presented with a critical heart failure condition due to severe narrowing of a heart valve, got a new life after he underwent a rescue 'Transcatheter Aortic Valve Implantation' at Fortis Hospital, Noida, under the guidance of Dr Sanjeev Gera, Director & HOD - Cardiology and his team. This was the fifth case done at the hospital and the first one to be performed on a critically ill patient.

The patient was suffering from severe breathlessness even at rest and had low BP and oxygen levels. He was denied open heart surgery at many places. After medical stabilisation and discussions with the family, the Cardiac Team at Fortis Noida decided to do a TAVR, a procedure to replace the diseased Aortic valve through the leg without the need for a cut or a ventilator. The TAVR procedure was successfully executed with a new valve, which was the first one to be used in NCR. Within a day of the procedure, the pumping power or the ejection fraction of the heart improved from 25% to 40% with normal BP and oxygen levels requiring no artificial support. The patient was discharged after three days on May 2, 2023, in a stable condition.

63-year-old treated at Fortis Escorts, Faridabad, for rare 'crack' in main artery



(L-R): Dr Digvijay, Senior Consultant - Vascular Surgery, Dr (Prof.) Sanjay Kumar, Director & HOD - Cardiology, and Dr Pankaj Batra, Principal Consultant – Cardiology



Sitting (L-R): The patient with Dr (Prof.) Sanjay Kumar, Director & HOD - Cardiology
 Standing (L-R): Mr Mohit Singh, Head SBU, Dr Manu Shankar, Director - General Surgery, Dr Pankaj Batra, Principal Consultant – Cardiology and Dr Nitin Sardana, Senior Consultant - General Surgery

A 63-year-old patient who had developed 'Aortic Dissection' - a crack in his main artery due to high blood pressure, was successfully treated by team of doctors led by Dr (Prof) Sanjay Kumar, Director & HOD - Cardiology along with Dr (Prof) Digvijay Sharma, Senior Consultant - Vascular Surgery, Dr Manu Shankar, Director - General Surgery and Dr Pankaj Batra, Principal Consultant - Cardiology.

Upon admission on January 3, 2023, the patient was drowsy and breathless; his abdomen was swollen and he had been unable to pass stools for the past 2-3 days. He also had intestinal obstruction due to decreased blood flow to the intestines. Investigations revealed a crack in the main artery (aorta) that was extending to the kidneys and intestines, and was too close to the main arteries of the brain.

The doctors decided to first conduct a surgical bypass of the brain arteries, after which a stent was implanted, as placing a covered stent could have otherwise closed the brain-supplying artery, leading to a stroke. Since the crack involved the arteries of the intestine and kidney, closing the starting point of the crack in the aorta also led to the healing of cracks connected with the intestine and kidney arteries. After the procedure, the patient improved significantly, along with improvement in the intestinal obstruction. The patient was discharged on January 10, 2023.

Milestones

Fortis Hospital, Vasant Kunj, begins Bone Marrow Transplant; first patient treated



L-R: Mr Rahul, Mr Ranjeet, Sister Gurmeet, Dr Rahul, Sister Neha, Mr Yashpal Rawat, the Patient, Dr Mitu Shrikhande, Dr Ruchi Ranawat, Mr Rajkumar, Mr Sunil, Mr Rahul, Dr Nidhi and Dr Shubham Shekhawat

A 60-year-old female patient became the first to undergo a stem cell transplant at Fortis Hospital, Vasant Kunj. Under the supervision of Dr Mitu Shrikhande, Director – Haematology, the patient underwent an ‘Autologous Transplant’ for Multiple Myeloma. As part of the treatment, the patient needed to be in complete isolation and was discharged after 17 days of hospital stay. The patient was under the care of Dr Mitu Shrikhande.

Fortis Escorts Hospital, Faridabad celebrates completion of 100th chemo & immuno therapy procedure



Fortis Escorts Hospital, Faridabad, celebrated the completion of the 100th chemo and immune therapy procedure at Fortis Cancer Institute (FCI) on June 21, 2023. A cake cutting ceremony was organised by the patients in the presence of Mr Yogendra Nath Awadhiya, Facility Director, Dr Mohit Sharma, Senior Consultant and HOD - Oncology, Ms Payal Sharma, Head - Finance, Mr Alokman Singh, Head – Admin and Mr Tabish Jamshed, Head - Marketing and Sales. The patients shared their experience at FCI, lauded the doctors and staff for their excellent care and compassion and especially highlighted the patient-friendly aesthetics and environment of the facility.

INSPIRING STORIES

Mr Himanshu Gupta, Radiology staff with Fortis Hospital, Vasant Kunj, returns patient's misplaced gold chain worth INR 1.45 lakh



(L-R) Mr Yash Rawat, Facility Director, with Mr Himanshu Gupta, Mr Avik Chauhan, Head - General Administration and Mr Manoj Yadav, Head - Housekeeping

In an incredible display of the Fortis Values of Integrity, Ownership and Patient Centricity, Mr Himanshu Gupta, Radiology staff at Fortis Hospital, Vasant Kunj, tracked down a patient with the help of Security and returned a gold chain worth INR 1.45 lakhs.

While at work during peak hours, Mr Himanshu Gupta found a gold chain unattended in the male changing room located in the Radiology section of the hospital. He promptly informed the Radiology counter and handed over the chain to Security Supervisor. As per protocol, the item was deposited with the Housekeeping Lost & Found Department. Following

thorough investigation, the owner was identified and contacted immediately. Later in the day, the patient collected the item and thanked all the staff, especially Mr Gupta.

Team Nursing, Fortis Hospital, Shalimar Bagh, voluntarily donates 100 units of whole blood on International Nurses Day



Team Nursing, Fortis Hospital, Shalimar Bagh (FHSB), New Delhi, voluntarily donated 100 units of whole blood on the occasion of International Nurses Day on May 12, 2023. The blood donations were done at the Department of Transfusion Medicine (Blood Centre) at FHSB. Team Nursing was congratulated for stepping forward for this noble cause and Team Blood Centre was applauded for successfully organising the event. Every donor was given a token of appreciation.

Special Feature



Fortis Celebrates
Doctor's Day



Fortis Hospital, Jaipur



Fortis Hospital, La Femme, G K II



Fortis Hospital, Bengaluru



Fortis Escorts Heart Institute, New Delhi



Fortis Hospital, Vasant Kunj, New Delhi



Corporate Office, Gurugram



Fortis Hospital, Mohali



Fortis Memorial Research Institute, Gurugram



Fortis Hospital, SL Raheja, Mahim



Fortis Escorts Hospital, Faridabad



Fortis Hospital, Mulund



Fortis Hospital, Shalimar Bagh, New Delhi



Fortis Hospital, Ludhiana



Fortis Hospital, Noida



Fortis Hospital, Kalyan



Fortis Hospital, Kolkata



Fortis Hospital, Hiranandani, Vashi

Meet Our Clinician



Dr Tripat Choudhary
 Senior Director - Obstetrics & Gynaecology,
 Fortis La Femme, GK II, New Delhi

Tell us a bit about yourself...

I am currently associated with Fortis La Femme as a Senior Director - Obstetrics and Gynaecology at Fortis La Femme, GK-2. I have around 45 years of experience as a specialist in IUD placement and complicated vaginal infection treatment, pre-marital counselling, hysterectomy (abdominal/vaginal) and high-risk pregnancy care. I am a member of Federation of Obstetric and Gynaecological Societies of India (FOGSI).

Where did you study?

I did my MBBS and MD from Maulana Azad Medical College.

Since When have you been associated with Fortis?

Since the inception of La Femme!

What do you like most about your work?

La Femme is a Birthing Boutique and people come to us with high hopes. This field of medicine is where you help families bring a new life into the world. Delivering babies is one of the most rewarding aspects. You get to be part of one of the most important moments in a family's life and help welcome new life into the world.

What are your hobbies?

Reading and Cooking.

Tell us bit about your family?

My spouse is also a doctor. He is chest physician at NHI. My elder son is a Critical Care specialist and the younger one is a Partner at Moullys Boutique Investment Company.

Meet Our Nurse



Ms Arpita Ghosh

Nurse Educator

Fortis Hospital, Bannerghatta Road, Bengaluru

Since when have you been associated with Fortis and what is your overall experience?

I joined Fortis as a student in the year 2011 to pursue Post Basic Diploma in Cardio Thoracic Nursing (CVT) and after completion of that course, I joined as a staff Nurse in Paediatric Cardiac Surgical ICU in the year 2012. In 2016 I was promoted as Nurse Educator. Overall, I have 12 years of experience in the Nursing field.

Tell us about your academic journey.

I completed my BSc Nursing from Kasturba Gandhi Nursing College, Puducherry in the year 2009. Then I completed a Speciality course in Cardio Thoracic Nursing from Fortis Institute of Nursing which was affiliated with Karnataka Nursing Council. By 2020, I had completed Master in Business Administration from Sikkim Manipal University via distance education.

What do you like the most about your work?

While I was in PSICU, it was a challenging to deal with little ones who had undergone cardiac surgeries. But it was amazing to see the recovery of little ones and the happiness of parents.

Interacting with parents was giving me an unexpected connectivity with them and huge self-satisfaction.

After moving to education it is another way of experience and challenge. I could help all the newcomers to understand the value of Fortis and also, I got an opportunity to guide them to follow the standard of Fortis and make them a strong Fortisian. I even got an opportunity to improve my computer skill which was a new area for me. Maintaining consistency is my goal.

How has been your experience at Fortis?

It's an amazing feeling when I think about the journey and experience at Fortis. A student to an educator!!! I have got an opportunity to grow in the system. I could get clinical as well as administrative exposure. As an educator I could be a part of many activities like preparation of SOP, QIPs and even a part of creating few course contents. I developed confidence to face and challenge any situation. The environment surrounded me make me feel comfort and have lot of learning opportunities. I find many role models who is an inspiration for me.

What are your hobbies?

My hobbies are planting and dancing.

Community Connect

Cancer survivors recount their gritty battle at meet held at Fortis Escorts, Faridabad



Fortis Escorts Hospital, Faridabad, organised a meet on June 9, 2023, to honour and celebrate the remarkable determination of cancer survivors who had been treated at the hospital. The event was attended by Mr Yogendra Nath Awadhiya, Facility Director, Dr Mohit Sharma, Senior Consultant & HOD – Oncology and Dr Javed Altaf Mir, Consultant - Surgical Oncology.

The event brought together a community of survivors, medical professionals and distinguished guests to share stories of victory and to inspire hope among others battling cancer. During the event, cancer survivors bravely shared their personal experiences, shedding light on their challenging journey. Later, Dr Mohit Sharma expressed his admiration for the survivors and their unwavering spirit. He further emphasised on the importance of early detection, timely treatment and ongoing support in the fight against cancer.

Fortis Hospital, Vasant Kunj initiates 'Oncology Support Group' monthly meets



Fortis Hospital, Vasant Kunj has launched its Monthly Support Group Meeting for Oncology patients. The first meeting was held on April 25, 2023, and was attended by 21 patients. Patients who have undergone treatment in the past or are currently undergoing therapy presented their experience. To cheer them up, a live band was performing at the meet. The meet was well attended by oncology doctors, nurses and support teams.

'Mommies Day Out' conducted at Fortis Hospital, Ludhiana



Fortis Hospital, Ludhiana, conducted 'Mommies Day Out', a special event for expecting mothers, on May 20, 2023. The event included a discussion led by Dr Gursimran Kaur, Consultant - Gynaecology & Obstetrics, Dr Navjot Kaur Kaler, Consultant – Neonatology & Paediatrics and Dr Gaurav Mittal, Senior Consultant - Paediatrics & Neonatology. Antenatal care, pregnancy, self-care, antenatal and postnatal physiotherapy exercises, and food and nutrition awareness for antenatal and postnatal mothers were among the other topics discussed. The event was well appreciated by the attendees.

Fortis Mohali celebrates fun-filled 'Mommies Day Out' on International Mother's Day, 2023



Fortis Hospital, Mohali, organized a fun-filled 'Mommies Day Out' event for new mothers and expecting couples on International Mother's Day, May 13, 2023. A special photo booth was set up and a well-known radio jockey engaged with the audience. Over 23 couples attended the event and actively participated in fun games and activities. Dr Rabia Kapur, Lactation and Fitness Consultant, also distributed exciting prizes and gift hampers to all participants and gave tips on maintaining a healthy pregnancy.

Fortis Hospital, Kalyan, hosts a mammography camp



Pre-registered community members waiting their turn at the mammography camp

On April 15, 2023, Fortis Hospital, Kalyan, in association with the Rotary Club of New Kalyan, organised a mammography camp at Khadakpada, Kalyan. More than 30 women, including those from Rotary, local schools, and the neighbourhood, were screened. The event served as an opportunity to raise awareness among the community about the appropriate age for mammograms, susceptibility factors such as family history, and various risk factors.

Fortis Escorts Hospital, Faridabad, organises walkathon on World No Tobacco Day, 2023



Fortis Escorts Hospital, Faridabad, organised a walkathon on 'World No Tobacco Day' on May 31, 2023, to raise awareness about the ill effects of smoking. A 'Dhumrapan Nished (Quit Smoking) Clinic' was also launched on the occasion, which will operate under the leadership of Dr Ravi Shekhar Jha, Director & HOD - Pulmonology and Dr Trideep Choudhary, Associate Consultant - Mental Health & Behavioural Sciences.

Over 200 people participated in the walkathon including Dr B.D. Pathak, Director & HOD General Surgery; Dr Pankaj Batra, Principal Consultant - Cardiology; Dr Surender Kumar, Consultant - ENT. Mr Yogendra Nath Awadhiya, Facility Director – Fortis Escorts, Faridabad and Chief Guests Shri Rajesh Kumar Lohan, ACP Tigaon and Inspector Maya, SHO NIT, Women's Cell flagged off the event. The 4 km walkathon ended with everyone taking an oath to quit smoking.

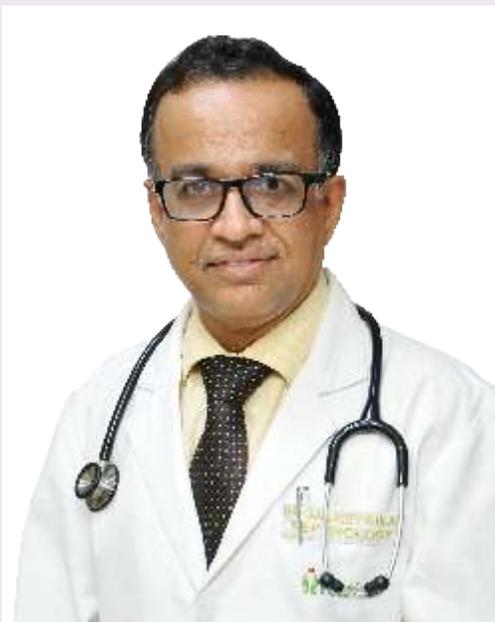
Fortis Hospital, Greater Noida, organises walkathon to mark World No Tobacco Day



To celebrate World No Tobacco Day, Fortis Hospital, Greater Noida, organised a walkathon on May 31, 2023. The aim of the event was to raise awareness regarding harmful effects of tobacco consumption. Over 200 walkers participated in the event, covering a distance of 5 Kms.

The walkathon was flagged off by Dr Rajesh Gupta, Additional Director - Pulmonology and Critical Care, Dr Apurva Pande, Consultant - Gastroenterology, Dr Prashant Kumar, Consultant - Urology and Mr Gaurav Anand, Facility Director. The event was also attended by team members from Sales & Marketing, HR, IT, Medical Admin, Nursing, PCS and the Security team at Fortis Hospital, Greater Noida.

Patient who underwent kidney transplant at Fortis Hospital, Vasant Kunj speaks on 'doctor-patient relationship' at World Congress of Nephrology



A female patient who underwent kidney transplant at Fortis Hospital, Vasant Kunj, was selected to deliver a talk on 'doctor-patient relationship' at the World Congress of Nephrology held during March 30 - April 2, 2023, at Bangkok, Thailand. The patient was one of four persons selected from all over world to share their experience. The patient had undergone a transplant procedure at Fortis Hospital, Vasant Kunj, under the leadership of Dr Sanjeev Gulati, Principal Director - Nephrology & Kidney Transplant. In his capacity as President of the Nephrology Society of India, Dr Sanjeev Gulati, represented India at the world forum.

Over 150 delegates attend day-long workshop on Emergency Medicine organised by Fortis Memorial, Gurugram



The Department of Emergency and Trauma at Fortis Memorial Research Institute, Gurugram, under the leadership of Dr Harmeet Singh, Head - Emergency and Trauma, organised a day long workshop on emergency medicine. The event, held in association with WECA and IMA SDB, was held at India International Centre, New Delhi, on May 7, 2023. The event was graced by Dr Bishnu Panigrahi, Group Head – MSOG, Fortis Healthcare, Dr M. C. Misra, former Director of AIIMS New Delhi and Dr G.S. Grewal, former President of the Delhi Medical Association.

The discussions on mental health of medical professionals and medico-legal issues in emergency medicine resonated strongly with the participants. The event witnessed an impressive turnout, with over 150 delegates joining from various states of India.

Fortis Mohali raises awareness on 'Hemodynamic Monitoring'



Dr Amit Kumar Mandal, Director, Pulmonology, Sleep & Critical Care, Fortis Mohali, being felicitated on the occasion



Dr Arun K Sharma, Director, Critical Care, Fortis Mohali

Fortis Hospital Mohali has become the first hospital in the North region to acquire the Hemodynamic Monitoring System from a French provider. Dr Amit Kumar Mandal, Director, Pulmonology, Sleep & Critical Care, Fortis Hospital, Mohali, held a Continuing Medical Education (CME) in this regard in Chandigarh on April 28, 2023. Managing critically-ill patients with low blood pressure on support systems are a challenge. But technology plays a strong role in addressing such gaps successfully. Hemodynamic Monitoring System is a step ahead and ensures the appropriate beat to beat assessment of the cardiovascular system in the most seriously-ill patients in the ICUs. The system analyses and gives real-time assessment on the hemodynamic status of the patient and helps the intensivists decide on the therapeutic interventions based on the fluid dynamics, vascular compartment and cardiac status parameters. The event was organized under the aegis of the Indian Society of Critical Care Tricity Chapter in association with partners. Dr Parvinder Chawla, Senior Consultant - Internal Medicine; Dr Arun K Sharma, Director - Critical Care, and other senior doctors of Fortis Mohali were also present on the occasion. More than 100 physicians and intensivists from the Tricity and the neighbouring cities of Punjab, Chandigarh and Haryana attended the event.

Engagement

Fortis Hospital, Cunningham Road, Bengaluru, hosts Annual Service Milestone Awards



Fortis Hospital, Cunningham Road, Bengaluru, in recognition of the exemplary contribution, dedication and commitment of its clinicians and employees, hosted Annual Service Milestone Awards in April 2023. As part of the awards ceremony, senior clinicians and employees who completed 5, 10, 15 and 25 years as on FY2022-23 across verticals in the organisation were felicitated by the senior leadership team. The event commenced with Mr Anand Angadi, Facility Director, addressing the audience, followed by a lamp lighting ceremony. Tokens of appreciation were then presented to the tenured employees.

Fire Safety Week observed at Fortis Hospital & Kidney Institute, Kolkata



An interactive session on fire safety was organised at Fortis Hospital & Kidney Institute (FHKI), Kolkata on April 19, 2023, as part of Fire Safety Week, which was observed across West Bengal during April 17-24, 2023. To raise fire safety awareness among the employees, officers from the local Fire Service Station were invited. The officers, led by Mr Abhijit Halder, Officer In-Charge, Gariahat Fire Station, Kolkata, explained the 'Dos & Don'ts' during a fire break out and shared personal anecdotes and real-life experience of fire fighting. The expert team also demonstrated the use of fire extinguishers during a mock fire drill.

Fortis Escorts, Okhla, New Delhi, organises fire drill to raise awareness



Fortis Escorts, Okhla Road, New Delhi in association with Delhi Fire Service (DFS) conducted a fire drill on April 20, 2023. An hour-long awareness training session on firefighting was conducted in the auditorium followed by another hour practical demonstration in the hospital premise. The drill was led by Mr Rajesh Kumar Shukla, ADO and five staff from Delhi Fire Service in the presence of Mr Satya Narain Sharma, Chief Security Officer, Ms Sangeeta Dua, Head - Admin and other senior dignitaries. More than 100 doctors, staff and employees of the hospital participated in the drill.

During the training session, emphasis was laid on life safety, raising alarm on onset of fire, different fire extinguishing methods and evacuation procedures. Various examples of resources though available but often not put to use were discussed showing video presentations. A practical demonstration of extinguishing fire by the smothering method was also held.

Fortis Anandapur, Kolkata, organises mock drill on National Fire Service Day



Fire safety equipment displayed in the reception area



Session by Pragati Maidan Fire Station

Fortis Hospital, Anandapur, Kolkata, conducted a mock drill on April 14, 2023. An hour-long awareness training session on firefighting was conducted in the hospital premises. At the hospital reception area, all the fire safety equipment was displayed for easy identification, knowledge and any questions about the display products from staff, visitors, patients, or patients' parties were taken forward. In-charge Pragati Maidan Fire Station gave a short lecture on Fire & Safety during the session.

During the session, emphasis was laid on life safety, raising the alarm at the onset of a fire, different fire extinguishing methods and evacuation procedures. A practical demonstration of extinguishing fire by the smothering method was also held.

Fortis Hospital, Mulund, organises hands-on ECMO workshop



Lamp lighting by (L-R) Dr Amit Raodeo, Dr Jumana Haji, Dr Manisha Pathak, Ms Minimole Varghese, and Dr Vaishali Solao



(4th from right) Dr Jumana Haji with the participants at the conclusion of the two-day workshop

Over 115 doctors and nurses from Fortis hospitals in Mulund, Kalyan and Hiranandani Hospital attended an 'ECMO hands-on workshop' during April 10-11, 2023. The workshop was conceptualised and spearheaded by Dr Jumana Haji, Director-ECMO Program, Fortis Hospital, Mulund. The two-day workshop was aimed at focusing on the basics of ECMO (Extra Corporeal Membrane Oxygenation), the practical aspects of its handling and troubleshooting with the ECMO Machine. It was an attempt to train all concerned ICU and ER personnel to recognise patients who will benefit with the modality, help with initiation of ECMO, bedside care of patient on ECMO, and its successful weaning. The workshop provided the doctors and nurses with an ideal combination of learning and hands-on demonstration using mannequins. Post training, the attendees also received certificates for their participation.

The two-day workshop was graced by Dr Manisha Pathak, Head-Medical Services, Ms Minimole Varghese, Chief Nursing Officer, Dr Vaishali Solao, Director-Critical Care and Dr Amit Raodeo, Consultant-Critical Care, at Fortis Hospital, Mulund, and was well appreciated by all participants.

400 delegates take part in ENT Surgical Conclave at Fortis Mohali



Shri Aman Arora, Cabinet Minister for Information & Public Relations, New and Renewable Energy Sources, Housing and Urban Development, and Printing & Stationery, along with Dr Ashok Gupta, Director - ENT, Fortis Hospital Mohali.



To highlight the latest advancements in surgical intervention in Ear Nose and Throat (ENT), the Department of ENT, Head and Neck Surgery, Fortis Hospital Mohali, organised a two-day conference, Otorhinolaryngology: Surgical Conclave-2023 from April 29-30, 2023. The brainchild of Dr Ashok Gupta, Director - ENT, Fortis Hospital Mohali, the surgical conclave was attended by renowned otolaryngologists, besides 400 delegates from across the country. Shri Aman Arora, Cabinet Minister for Information & Public Relations, New and Renewable Energy Sources, Housing and Urban Development, and Printing & Stationery, was the chief guest at the function. Live sessions on cochlear implantation, trans-oral robotic surgery, panel discussions, poster presentation and quiz were also held during the conclave.

38 delegates participate in External CNE for Nurses at Hiranandani Hospital, Vashi – A Fortis Network Hospital



The CNE in progress



Ms Mohini Chandrashekar, Chief Nursing Officer (centre) with her team

Hiranandani Hospital, Vashi - A Fortis Network Hospital, hosted its first External Continuing Nursing Education (CNE) program on the topic, 'NSTEMI/STEMI Mission Possible.' A total of 38 delegates from 14 hospitals and nursing homes across Navi Mumbai and Mumbai participated in the event, held on May 23, 2023. The event included live sessions on Myocardial Infarction (MI) disease, medications and treatment modalities. A training video demonstrated time-bound clinical pathways of PAMI in the hospital. Dr Prashant Pawar, Senior Cardiologist, conceptualised the activity. This was followed by a panel discussion on the 'Role of Nurse in MI Management' led by Ms Mohini Chandrashekar, Chief Nursing Officer, and the senior nursing team of the hospital.

Fortis Escorts, Jaipur, participates in Rajasthan Nursing Council's State-level sports meet



The Rajasthan Nursing Council organised a State-level sports competition, including a marathon, on the occasion of World Health Day. Nurses from government and private hospitals from all over Rajasthan participated in the event. Urban & Rural Olympiad games were organised during April 7-9, 2023. 40 Nurses from Fortis Escorts Hospital, Jaipur, participated in various games and Mr Rajnesh Kumawat, Staff Nurse, secured the first position in 400-meter race, second position in long jump with 4.58 meter of jump, and third position in 100-meter race.

Dr Harmeet Singh of Fortis Memorial, Gurugram, delivers lecture on primary trauma care at All India Institute of Ayurveda

On June 6, 2023, Dr Harmeet Singh, Head - Emergency and Trauma, Fortis Memorial Research Institute, Gurugram, delivered a lecture on primary trauma care at the All India Institute of Ayurveda in New Delhi. His valuable insights and knowledge were highly appreciated by the attendees. In recognition of his contribution to environmental awareness and sustainable practices, Dr Singh was felicitated by the Director of Ayush Delhi, the Director of AIIA, and several other esteemed dignitaries present at the event. This acknowledgement reflects the significant impact of Dr Singh's work in promoting a healthier and greener planet.



Events

Fortis Escorts, Okhla Road, New Delhi, celebrates World Health Day 2023



Fortis Escorts, Okhla Road, New Delhi, celebrated the World Health Day 2023 on April 7, 2023, in hospital premises and adopted the theme 'Health for All' with the objective of reflecting on the accomplishments of public health in enhancing people's quality of life. The Nursing Team sensitised the patients and their relatives with health talks on modifiable risk factors and healthy lifestyles, including hygiene and physical exercise. A pledge board was painted with colourful palm prints of the patients, free basic assessment camp was conducted and thank you cards were given to all the attendees. The event closed with distribution bananas by the nurses as part of 'One step towards nutritious food.' The participants appreciated the team work, took keen interest in the discussions and thanked the team for organising the engaging event.

Fortis La Femme, GK-II, New Delhi, observes World Blood Donation Day



Fortis La Femme GK-II, New Delhi, organised the a blood donation camp in association with Rotary Blood Centre on June 14, 2023, as part of World Blood Donation Day. Dr Anju Verma, CMO-Rotary Blood Centre, along with her team attended the camp. The response from participants, including consultants, administrative staff, nursing staff, patient attendants and contractual staff was truly overwhelming.

Research Workshop organised at Fortis Memorial, Gurugram, on World Clinical Trial Day



On World Clinical Trial Day, May 20, 2023, Fortis Memorial Research Institute (FMRI), Gurugram, organised a Research Workshop titled 'Anusandhan- Find me a cure.' World Clinical Trial Day is an opportunity to recognise and express gratitude to our researchers and healthcare professionals. Their unwavering commitment and dedication to medical research are fundamental to driving innovation and bringing new treatments and therapies for our patients.

The event witnessed active participation with the presence of several Senior Clinicians from FMRI, including Dr TS Kler, Dr RK Gupta, Dr Anil Mandhani, Dr Praveen Gupta and Dr Sandeep Vaishya. Dr Gourdas Choudhury, Dr Mrinal Sircar, Prof YK Gupta, President – AIIMS, Bhopal and AIIMS, Jammu, Chairman, DBT, GOI, Mr Avik Ghosh, GM - Sun Pharma and Dr Shubra Bansal, Co-Chair ISCR, participated in the panel discussion. Dr Pooja Gupta, Additional Professor AIIMS and Dr Apoorva Mathur, Scientist ICMR, were the guest speakers for scientific workshop on Good Clinical Practices, Informed Consent and regulatory aspects of Clinical Research.

Dr Gurvinder Kaur, Facility Director, FMRI, Gurugram felicitated the Guests. Some of the winners of the Fortis Best Researcher Award were also felicitated on the occasion. These included First Runner Up (Department of Pulmonology & Critical Care-Fortis Noida - Dr Onkar Jha, Dr Sunny Kumar, Dr Saurabh Mehra & Dr Rajesh Gupta), and Joint Second Runner Up (Department of Nuclear Medicine FMRI - Dr Subha Shankar Das, Dr Parul Thakral & Dr Ishita Sen). The event was moderated by Dr Sulabh Tripathi, GM-MSOG & Dr Ishita B Sen, Sr Director-Nuclear Medicine & Member Secretary-Ethics Committee FMRI.

Fortis Anandapur, Kolkata, organises tree plantation drive on World Asthma Day



The Pulmonology team and patients planting saplings



The team for the plantation activity

Fortis Hospital, Anandapur, Kolkata, organised a tree plantation drive on May 2, 2023, World Asthma Day. Doctors, patients other staff members came together for the event. Saplings were distributed to the patients, thus emphasising the hospital's commitment to a healthier and sustainable future for both the environment and patients. The participants also pledged to plant more trees and make the environment greener.

Fortis Escorts, Okhla Road, New Delhi, builds lung health awareness on World Asthma Day



On May 7, World Asthma Day, Fortis Escorts, Okhla Road, New Delhi focused on spreading awareness about lung health. Air pollution and other environmental factors pose a serious threat to respiratory health, leading to a significant increase in cases of asthma and other lung diseases. Fortis Escorts, conducted a virtual tree plantation and urged patients to plant saplings. Patients were encouraged to share pictures of their plantations on social media. An art installation was also displayed, emphasising the importance of a 'green city for lung health'. Additionally, as part of the theme 'Healthier You,' plants were distributed to all IPD and OPD patients through doctors. The hospital building was illuminated with green light to mark World Asthma Day.

Fortis Escorts Hospital, Faridabad, organises tree plantation drive to mark World Asthma Day



Fortis Escorts Hospital, Faridabad, celebrated World Asthma Day on May 2, 2023. A tree plantation drive with the hashtag 'Breath Life' was organised to address the importance of clean environment in reducing Asthma. The event attracted over 50 participants, including the sales and admin team, and over 50 saplings were planted in the hospital premises. The plantation drive was flagged off by Dr Ravi Shekhar Jha, Director – Pulmonology and Dr Niti Kautish, Director - Gynaecology along with their team. Photo booths were placed in the hospital and the hospital was lit green at night to spread awareness.

Fortis La Femme GK-II, New Delhi, observes World Environment Day



Fortis La Femme, GK-II, New Delhi, marked World Environment Day on June 5, 2023, by organising a plantation and park cleanliness drive at M Block GK-II, New Delhi. More than 100 saplings were planted. Plastic water bottles and other non-biodegradable wastes lying in the park were removed and disposed of properly. To promote awareness about environment conservation and green initiatives, a painting competition for children was also organised at a neighbourhood school. The initiative received huge appreciation from parents, teachers and the school administration team.

World Hand Hygiene Day 2023 celebrated at Fortis Hospital, Shalimar Bagh, New Delhi



Audience interest @photo booth



IC team

Fortis Hospital, Shalimar Bagh, New Delhi, celebrated World Hand Hygiene Day on May 5, 2023, with great enthusiasm. The theme this year was 'Accelerate Action Together, Save Lives - Clean Your Hands.' The Infection Control team and the Senior Nursing team led the initiative, revolving around an awareness campaign focusing on the need to work collaboratively and reduce the spread of infection whilst countering antimicrobial resistance in healthcare settings. To spread public awareness, the team conducted a range of activities including flash mob dancing and hand hygiene demonstration in IPD and OPD. An interdepartmental poster competition was also organized and the top three winners were awarded. Participants who had successfully completed the Advanced Infection Control Link Nurses program were also recognised on the occasion.

Fortis Hospital, Ludhiana marks National Cancer Survivors Day



Fortis Hospital, Ludhiana, celebrated National Cancer Survivors Day on June 3, 2023. The event, based on the theme 'Fear Nothing,' brought together over 150 individuals. The event was graced by distinguished keynote speakers, including Dr Vishavdeep Goyal, Head SBU-Ludhiana & Amritsar, Shri Sanjeev Arora, Member of Parliament - Rajya Sabha, Mr Elinchezien, SSP-Moga and Mrs Surbhi Malik, Deputy Commissioner, Ludhiana.

The event also featured a vibrant Bhangra dance performance by the patients, interactive games and activities symbolizing their determination and celebration of life. The patients shared their personal journeys and experiences during treatment. Their stories of resilience and gratitude were touching.

Speaking on the occasion, Dr Vishavdeep Goyal said, "We would like to express our profound appreciation to the dedicated medical professionals, who provide effective care and support to cancer patients, making a significant difference in countless lives. Your commitment and compassion are truly inspiring."

Fortis Escorts Hospital, Faridabad organises in-house blood donation camp



Fortis Escorts, Faridabad, organised an in-house blood donation camp on June 14-15, 2023 to mark World Blood Donor Day. The camp began with a cake cutting ceremony by Mr Yogendra Awadhiya, Facility Director, Dr Ranoo Mann Arora, Medical Superintendent, Dr Shoma Jain, Blood Centre Head and Mr Subash Chaudhary, Manager-Blood Centre. More than 35 employees volunteered to donate blood.

On this occasion, Shri Krishan Pal, Union Minister of State for Heavy Industries, and Shri Narendra Gupta, MLA, honoured the Blood Centre for its remarkable contribution towards saving lives.

Fortis Mohali marks Multiple Sclerosis Day with awareness session



Team Fortis Mohali

An awareness session and an informative skit were organised by the nursing staff on the occasion of Multiple Sclerosis Day at Fortis Mohali on May 30, 2023. Dr JP Singhvi, Additional Director - Neurology, sensitised the gathering in the IPD lobby about the warning signs of multiple sclerosis and spread awareness about its detection. Later, the nursing staff along with the attendants of patients released balloons to mark the event.

National Dengue Day 2023, celebrated at Fortis Hospital, Okhla Road, New Delhi



Fortis Escorts, Okhla Road, New Delhi, in association with the Public Health Department of MCD, conducted a Dengue awareness program on May 16, 2023, on the occasion of National Dengue Day.

An hour-long awareness training session on Dengue awareness was held in the auditorium, followed by a practical demonstration which was led by Dr Naveen Rai Tuli - DHO and Dr Mamta. Fifteen staff members from the Public Health Department - Delhi were present, along with Mr Saurabh Chaturvedi from the Corporate Affairs Team, Mrs Sangeeta Dua, Head - Admin, Ms Minimole John, Chief of Nursing, and Mr Mukesh Kumar, Head - Housekeeping.

Staff members from various departments including Nursing, Housekeeping, Admin, F&B, Security, and Engineering actively participated in the program. During the training session, the staff members were provided with information about the different types of mosquitoes and their lifecycles. They were also educated on how to protect themselves from diseases spread by mosquitoes such as dengue, malaria, and chikungunya. Emphasis was placed on the importance of taking preventive measures in our offices, homes, and surroundings to contribute to controlling the spread of these diseases within the community.

Fortis Hospital, Vasant Kunj, New Delhi, organises yoga sessions for dialysis patients



Fortis Hospital, Vasant Kunj, New Delhi, organised yoga sessions for dialysis patients on June 21, 2023, to mark International Day of Yoga. Under the supervision of Dr Sanjeev Gulati, Principal Director - Nephrology & Kidney Transplant, a yoga teacher taught patients practices such as anulom vilom, kapal bhati, bhastrika and shavasana. The dialysis unit staff were also trained on how to assist patients during the yoga sessions.

Over 100 yoga enthusiasts participate in camps organised by Fortis Escorts, Faridabad



Fortis Escorts Hospital, Faridabad, organised Yoga camps on June 21, 2023, as part of 'International Day of Yoga,' along with various community partners. More than 100 yoga enthusiasts participated in the events. The initiative aimed at promoting wellness, mindfulness and a healthy lifestyle among individuals of all age groups. The event also encouraged young individuals to learn valuable techniques to enhance their physical and mental well-being.

'Brain and Spine Conclave 2023,' organised at Fortis Anandapur, Kolkata



Fortis Anandapur, Kolkata, organised a 'Brain and Spine Conclave' on May 14, 2023. The event aimed at discussing clinical excellence in Neuro Surgery and Neuro Endovascular Surgery.

The conclave serves as an annual meeting for neurosurgeons, spine surgeons, and other healthcare professionals specialising in the treatment of brain and spinal cord disorders. It is a forum for healthcare professionals to discuss contemporary developments in neurosurgery, share their latest research and clinical findings, and network with other experts in the field.

Doctors from Fortis Memorial, Gurugram, speak at prestigious Neurology conference in Delhi



Dr Praveen Gupta



Dr Piyush Ojha

Dr Praveen Gupta, Director and Head - Neurology and Dr Piyush Ojha, Consultant - Neurology & Neuro Intervention of Fortis Memorial Research Institute (FMRI), Gurugram, delivered talks at the fourth Neurointervention Concept Elucidate (NICE) conference that was held in New Delhi during April 27-29, 2023.

While Dr Praveen Gupta delivered a talk on 'Emerging concepts on Vasculitis-related Acute Stroke,' Dr Piyush Ojha spoke about 'Calgary Stroke Protocol' and 'Embollic Stroke of Undetermined Source (ESUS).' The event was attended by renowned neurologists, neurosurgeons and neuro-radiologists from across the country.

Award & Accolades

Fortis Hospital, Mulund, bags four awards at CAHOCON 2023



(L-R): Ms Bincy Thomas, Nurse Educator, Ms Minimole Varghese, Chief Nursing Officer, Dr S. Narayani, Business Head-Maharashtra, Ms Merina Alex, Deputy Chief Nursing Officer, Ms Jisha Binoy, Nurse Educator with the awards



Ms Bincy Thomas, Nurse Educator, receiving award for Poster competition

Fortis Hospital, Mulund, bagged four awards at CAHOCON - 2023, held at Hyderabad during April 15-16, 2023. Fortis Mulund won the Best CSSD Award in the West Region under the 'large healthcare organisation category' in ACE (Awareness Compliance Excellence) Quality Improvement Program for CSSD. Two awards (the first and second positions) were won for poster competition under the 'Diagnostic & Nursing category'. Platform presentation under 'Clinical category' bagged the third position. The three awards were won among four abstracts submitted and shortlisted. CAHOCON 2023, with the theme, 'Leadership is the key to quality,' witnessed an overwhelming response from about 1500 delegates attending it from across India and abroad.

Team from Fortis Shalimar Bagh, New Delhi, bags two awards at 7th International CAHOCON'23



First prize in Poster Presentation-Clinical Services



Second runner-up in Poster Presentation-Nursing Services

Fortis Hospital, Shalimar Bagh, New Delhi, received two awards in the Poster Presentation competition at the 7th International CAHOCON'23 Conference, held during April 15-16, 2023, at Hyderabad. The Clinical Services poster received the first prize while the Nursing Services poster fetched the second runners-up position. The winning team included Dr Archana Bajaj, Medical Superintendent; Ms Girja Sharma, Chief of Nursing; Ms Preeti Aggarwal, Head-Quality; Dr Nippun Prinja, Head - Transfusion Services; Ms Himmat Malhotra, Infection Control Nurse; Mr Vipin Peter Charan, Nursing Educator and Dr Manishika Patat, Programme Coordinator-Mamma Mia. The conference was attended by around 1,500 people and around 600 abstract entries were submitted, of which eight abstracts submitted by Fortis Shalimar Bagh were selected in various categories.

Fortis Mohali wins three awards at CAHOCON 2023, recognised as first Centre for Quality Promotion in North Region



Dr Shweta Prabhakar, Head Quality & Patient Safety & CAHO - North Zone Chairperson receives the award on behalf of Fortis Mohali by QCI Secretary General Dr RP Singh.



Fortis Hospital Mohali has won three awards at the 7th edition of 'CAHOCON 2023' (Consortium of Accredited Healthcare Organizations) held at Telangana, Hyderabad, during April 15-16, 2023. The theme of CAHOCON-2023 was 'Leadership is the Key to Quality' and more than 1500 delegates attended the event. Fortis Mohali won two lightning talks under the categories of 'In General & Support' and 'Diagnostic.' Fortis Mohali was also awarded as the winner of Best CSSD in North Region under the large healthcare category in ACE (Awareness Compliance Excellence). Teams from FHM participated in various competitive paper submissions and 10 submissions were shortlisted for oral presentation, lightning talks and poster display at the main event. Meanwhile, Fortis Mohali has also been recognised as the first Centre for Quality Promotion (CQP) in North Region by CAHO. The award was given to Fortis Mohali for promoting Quality & Patient Safety in healthcare.

Fortis Anandapur Kolkata Bags 2nd Position in the lightning talk at 7th International CAHOCON 2023



The award being presented to Ms Doli Biswas



The Certificate

Ms Doli Biswas, Chief Nursing Officer - Fortis Anandapur, Kolkata bagged the 2nd position in the lightning talk on Antimicrobial Stewardship: 'A holistic approach toward Compliance' at the prestigious 7th International Conference CAHOCON (Consortium of Accredited Health care organizations) at Hyderabad, 15th to 17th April 2023, under the theme "Leadership is the Key to Quality". There were 1500 delegates who attended the conference and around 600 abstracts were submitted. The project enhanced the restricted antibiotics justification compliance from 72% to 96%. The teamwork for the successful implementation of AMS programme at Fortis Anandapur was projected during the presentation. This is supported by Dr Arindam Chakraborty, Microbiologist & Infection Control Officer, Clinical Pharmacists, Clinicians and Team Nursing. Mr Ashish Mukherjee, the Facility Director and the directors of various Specialties well appreciated the achievement.

Team Fortis Nursing wins top laurels for Quality Improvement Projects at ANEICON-23



Ms Yamini, Nurse Educator, Hiranandani Hospital, Vashi - A Fortis Network Hospital and Mr Vipin Peter Charan, Nurse Educator, Fortis Hospital, Shalimar Bagh, New Delhi have won the top honours at a Quality Improvement Project (QIP) competition, held as part of ANEICON-23. A total of 30 entries were received for the competition, out of which five finalists were invited for live presentation. The event, organised by Association of Nurse Executives India (ANEI), was held at Hyderabad during May 26-27, 2023.

Yamini's project titled 'RRR- Recruit, Recognize, Retain,' which won the first prize, focused on the activities carried out for the retention of Fresher (Gen Z) nurses at the hospital. Vipin won the second prize for his Nursing Quality Improvement Project (QIP) presentation, titled 'The Study Day - An innovative method to deliver in-service nursing education.'

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Dr Sundeep Jain of Fortis Jaipur honoured with Bharat Gaurav Award at British Parliament in London



Dr Sundeep Jain, Director and Head - GI, GI Oncology, HPB, Bariatric, and Minimal Access Surgery at Fortis Escorts Hospital, Jaipur, was honoured with the prestigious Bharat Gaurav on May 12, 2023, at the British Parliament in London. The award recognises the achievements of Indians residing across the globe and this year, it was bestowed upon 28 individuals from 17 countries, including India.

Dr Jain also had the privilege of addressing the esteemed gathering at the event. He shared insights about his significant contribution to the Abdominal Cancer Awareness program and also unveiled a poster for Abdominal Cancer Day (observed on May 19). The recognition not only highlights Dr Jain's exceptional work but also serves as a testament to his dedication to raising awareness about abdominal cancer.

Fortis Hospital, Vasant Kunj felicitates Organ Donation Team



The medical and non-medical staff at Fortis Hospital, Vasant Kunj, were honoured on May 20, 2023, for their role in conducting the organ donation operation smoothly. Mr Yash Rawat, Facility Director, felicitated the doctors, nurses and the organ transplant team for their hard work and support.

Mr Rawat said, "They are behind-the-scene heroes who drive these lifesaving surgeries. We at Fortis are honoured to recognise these professionals for their dedication and hard work."

Dr Neha Rastogi Panda honoured with the prestigious Star Legend Award 2023



Dr Neha Rastogi Panda, Consultant - Infectious Diseases, Fortis Memorial Research Institute (FMRI), Gurugram, was honoured with the prestigious Star Legends Award 2023 for her outstanding contribution in healthcare, specifically in Tuberculosis and exemplary work during the COVID-19 pandemic. She was felicitated by Shri Shantanu Thakur, Member of the Lok Sabha and Union Minister of State, Ministry of Ports, Shipping, and Waterways, Smt Pratima Bhoumik, Member of the Lok Sabha and Minister of State, Ministry of Social Justice and Empowerment and Dr Richa Vashisth, Member GOI, Ministry of Railways.

Deepak Negi of Fortis Escorts, Okhla, New Delhi wins two Golds and a Silver at the Asia Pacific Masters Games, 2023



Deepak Negi, Manager - Accounts, Fortis Escorts, Okhla, New Delhi, has made all of us proud again by winning two Golds Medals and a Silver Medal at the Asia Pacific Masters Games held on May 12-20, 2023, in South Korea. Deepak delivered a spectacular two Gold-winning performance in Triple Jump and 110 m Hurdle Race, and one Silver Medal in Long Jump. More than 10,000 players participated in the event from more than 20 countries.

Deepak is no stranger to winning medals at track-and-field events and has won many accolades in the past at prestigious international sports meets held in Singapore, Japan, Australia, New Zealand, Italy and Thailand, to name a few. As of now, Deepak has collected 34 international medals (21 Golds, 5 Silvers and 8 Bronzes). He is now preparing for his next event, the Pan America Masters Games to be held in Cleveland next Year and the Australia Master Games, Adelaide, this year.

Ms Priyadarshini R of Fortis BG Road, Bengaluru, honored with Florence Nightingale Award, 2023



Ms Priyadarshini R, Senior Infection Control Nurse, Fortis Bannerghatta, Bengaluru was honoured with the prestigious Florence Nightingale Award at an event held at Vidhana Soudha, Bengaluru, on June 12, 2023. Shri Siddaramaiah, Chief Minister of Karnataka, bestowed the award upon her in recognition of her continuing excellence in nursing and selfless service towards patients.

Wall of Fame

Fortis Escorts Hospital, Amritsar

Pt. Ashok Kumar gave feedback that Doing a good job is not always about impressive innovation. Sometimes it is only about doing something with plain dedication. Well done. You all are doing a good job here, and I want you all to know that your presence and work are acknowledged and they are helping us reach our targets and goals. It's honor for your organization to have someone like you all with your hard work you have taken us to the top. This is truly above and beyond. Keep it up.

Name of Patient : **Ashok Kumar**

Name of the Fortisians : **Entire Team of Fortis**



Fortis Escorts Hospital, Faridabad

- Dr Manu Shankar have good experience they treat the patient in good manner from day one till throughout the treatment. They explained everything to me in a very clear manner. It was a comfortable stay. The staff was very concerned and helpful. Overall a great experience. I highly recommend them to anyone looking for a specialist.
- Good hostility and best Doctors.
- I really appreciate all the doctors

Name of the Patient : **Sachin, Neetu, Kamal**

Name of the Fortisians : **Dr Manu Shankar**



Fortis Escorts Heart Institute, Okhla Road, New Delhi

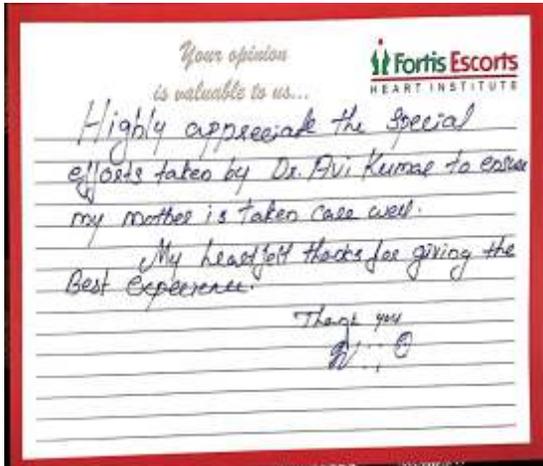
Best hospital for heart related problem Dr. Ashok Seth master in his field, capable of treating all types of cases. One most consult him before going any sort of heart surgery's staff is also very cooperative & helping. Specially Mr. Nitesh understands the patient problem & find the solutions promptly, always ready to help.

Name of the Patient : **Rajesh Kumar**



Dr Ashok Seth, Chairman,
Fortis Escorts Heart Institute &
Fortis Healthcare Medical Council

Fortis Escorts Heart Institute, Okhla Road, New Delhi



Dr Avi Kumar, Pulmonology

Fortis Hospital, Noida

Doctor care is very excellent. Dr Rahul Gupta is excellent and care provided is good quality wise Nursing care is excellent. Ms. Milcy is very good and team is very excellent. And Experience with all staff and team very good.

Thank you to all of you

Name of the Patient : **Pream Maheshwar**

Name of the Fortisans : **Dr Rahul Gupta (Neuro Surgery),
Sister Milcy**



Fortis Hospital, Noida

I was brought in critical condition in Emergency. The treatment was done by Dr Sanjeev Gera and I was not so confident for the procedure as LVEF was 55%.with mild MR. I have met Dr. Shanu Sharma (MS) in emergency and she counselled me in a proper way and she was so empathetic. After her counselling I was ready for the procedure and now I'm totally fit. Thank you so much for all the help when I was in mental trauma.

Name of the Patient : **Sushil Khurana**

Name of the Fortisans : **Dr Shanu Sharma (M.S)**



Congratulations

New Additions to the Family



Baby of Bikesh Kumar Sinha,
Fortis Anandapur



Baby of Kalaivani P,
Fortis Rajajinagar



Baby of Athira Prasad,
Fortis Richmond Road



Baby of Rangappa S,
Fortis Rajajinagar



Baby of Nethravathi M S,
Fortis Richmond Road

Best Wishes on Your Wedding



Asha B,
Fortis Rajajinagar



Bhuvana K M,
Fortis Nagarbhavi



Nirbed Chakraborty &
Priyanka Pandit,
Fortis Anandapur



Ravi Naik,
Fortis Nagarbhavi



Shruthi H H,
Fortis Rajajinagar